**Anti-Slip Slide Sheet**

**Product code**
ASGS8080
Price £14.95 + VAT
Size 80cm x 80cm

- An ultra low friction sheet designed to help you reposition in bed with ease
- Helps the person get into and out of bed more easily
- Assists with rotation and repositioning, taking away the strain and discomfort
- A slide sheet with an anti-slip panel, which reduces the risk of the person sliding forward
- Easy removal once the required manoeuvre has been completed

**Hospital Direct** – the specialists in handling people in hospitals, the community and at home.

With over 13 years experience in the field of patient handling, Hospital Direct is the UK’s leading manufacturer and supplier of this type of equipment in the UK - with probably the widest range of any supplier in Europe.

We take manual handling very seriously and our product solutions are devised on the back of real issues that we have worked with over the years, whether that be in the acute sector, in community nursing or with people trying to manage on their own at home.

From basic slide sheets to our new ProTurn™, from handling belts to products for swivelling legs into bed, we offer a whole range of standard and unique handling equipment that ensures that you and your colleagues can find the right products to fit in with your needs, your ward/department culture and your handling practices.

Furthermore, our customer service team are able to help you with all enquiries. So please, if you require any advice or further information, please just call us on Telephone. +44 (0) 1588 640144

E-mail. sales@hospitaldirectinternational.co.uk
Website. www.patient-handling.com

**Patient Specific Anti-Slip Slide Sheet**
Product code DASGS8080
Price £5.56 + VAT (Per Sheet)
Size 80cm x 80cm
Box Quantity 25

The Anti-Slip Slide Sheet helps a person with rotating and repositioning when getting in and out of bed, whilst also helping to prevent any slippage off the bed.

**It is essential, however, that the product is only used by people with good upper sitting balance.**

The principle purpose of the product is to enable people with restricted mobility in bed to be able to maintain their own independence more safely than using a conventional slide sheet.

**The Anti-Slip panel provides extra support on the edge of the bed, where a conventional slide sheet can be unsafe.**

Instructions on use are provided on following and a demonstration is available on the website.
Anti-Slip Slide Sheet

Instructions

Getting into bed:

1. Fold the anti-slip panel in half so they meet.
2. Place the anti-slip panel on the edge of the bed with the rest of the slide sheet across the bed.
3. Sit on the sheet at the edge of the bed, preferably making sure that your feet make contact with the floor. If your feet cannot reach the floor, you MUST HAVE good upper body strength and be able to support yourself whilst sitting on the slide sheet. The anti-slip part will reduce the risk of sliding forward.
4. Ensure that you use your hands for support, by placing them behind yourself on either side of the slide sheet, or even under the slide sheet. The hands must not be placed on the slide sheet as it is slippery. Some people may still require some form of support from a carer.
5. Once you are safely sitting on the slide sheet, supported by your upper body, you can take the weight off your feet.
6. You can then slide into the middle of the bed and rotate your body at the same time.
7. If you are now in the correct position in the bed then you can lie down. Alternatively, if you wish to sit up by the pillows, then you might have to slide further up the bed. To do this, simply use your arms or your feet (or both) to help you reposition yourself in the correct place.
8. Once in the desired position remove the slide sheet by simply peeling the lower layer away from underneath your buttocks towards your feet. This will ensure that the anti-slip panel does not get “caught up” underneath when trying to remove it.

Getting out of bed:

1. Fold the anti-slip panel as before and then fold the rest of the slide sheet up in quite big folds towards the anti-slip panel.
2. Put the anti-slip panel on the edge of the bed on the side that you want to get out on, with the rest of the slide sheet folded next to it. The folds running “underneath”.
3. Now, unravel the folded slide sheet underneath your bottom, ensuring that the anti-slip panel remains on the edge of the bed.
4. It does help if you turn on to your side and peel the fabric out underneath yourself.
5. Then sit up (you may want to use the webbing ladder to help you). As you sit up you may slide down the bed a little.
6. You can now rotate around so that you are sitting on the edge of the bed.
7. Once on the edge of the bed, make sure that you place your feet firmly on the ground before standing up.

Washing instructions: wash at 72ºC

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